



**PITTWATER
OUTRIGGER RACING
CLUB**

Established 1995

**2011-2012
Paddler Registration/Membership Application**

Fees for Season Commencing 1 October:

| Member Type | Amount | Please Select |
|---------------------------------------|--------|---------------|
| Senior (Outrigger Only) | \$210 | |
| Senior (Outrigger & Dragon Boater) | \$320 | |
| Junior (Outrigger Only) < 20years old | \$65 | |

For those who wish to Race

| | Amount | Quantity | Size *** |
|--------------|--------|----------|----------|
| Race Singlet | \$45 | | |
| Race Shirt | \$65 | | |

*** See attached sizing chart and shirt order forms

Details:

Family Name: _____

First Name: _____

Address: _____

Date of Birth: _____

Phone: _____ Mobile: _____

Email: _____

Emergency Contact Details:

Name: _____

Ph: _____ Mobile: _____

President: George Floth

Secretary: Peter Watson

P.O. Box 1143, Mona Vale NSW 2103

Medical History:

Do you currently have any medical conditions or special needs that may affect your safety in this sport? If yes please explain:

What is your swimming ability? Please tick the relevant box

- I can swim 500 meters with ease
- I can swim 200 meters with ease
- I am not very confident in the water
- I cannot swim

How is your fitness? – Please tick the relevant box

- I am fit and exercise daily
- I am fit and exercise weekly
- I am fit and exercise when I can
- I am unfit I do not exercise

Participation: Please tick the relevant box

- I wish to train hard and participate at a highly competitive level on a regular basis throughout the season
- I wish to train hard and participate competitively on a regular basis throughout the season but mainly to stay fit and enjoy the sport
- I wish to participate in this sport socially and to help me stay fit, to enjoy the sport and the water. I am not interested in competing
- Other _____

Long term Outcomes: Please tick the relevant box

- I see myself coaching one day soon.
- I see myself fit enough to compete at a high level
- I see myself improving my level of fitness and enjoying some competition
- I can see myself becoming involved in the club administration
- Other _____

