

Pittwater Outrigger Racing Club Inc.

TIPS FOR CARE AND USE OF THE CLUB OC1/2'S

Safety (enclosed and open water):

- ☑ Check the weather conditions (if in doubt, don't paddle)
- ☑ Must have completed a Huli (recovery) and swim test
- ☑ Wear a suitable leg rope
- ☑ Carry a suitable PFD (wear it on Open Water)
- ☑ Carry a mobile phone (good practice)
- ☑ Tell someone where you are paddling to / from
- ☑ Log IN/OUT if paddling from BYRA on club canoe
- ☑ Give canoe quick check over for any obvious damage

Rigging / De-rigging:

- ☑ Each canoe is a little different so be gentle when fitting Iako's to canoe and Ama. If in doubt, ask for help
- ☑ When rigging / de-rigging, elevate canoe off ground to avoid damage to rudder
- ☑ Attach suitable leg rope around front Iako (varies by canoe type)
- ☑ Adjust seat position to suit (make sure you do this in deep enough water)

On water (enclosed and open water):

- ☑ Shallow water can damage rudder so take care especially at BYRA beach.
- ☑ Don't run canoes up onto beach, carry them to shore – otherwise damage can occur
- ☑ Be aware of other water craft and surroundings, especially in main boating channels.

Carrying / Storage / Transporting:

- ☑ The newer light weight canoes are easily damaged so take care when carrying them to/from the beach, or while loading / unloading from vehicle
- ☑ If mounting on car roof, use suitable racks and straps (attach red flag if overhang)
- ☑ Wash down canoe with tap water (especially Iako's)
- ☑ Store canoe on rack in provided covers (Lock UP)
- ☑ Store Ama & Iako's inside club house
- ☑ Report any damage before / after use

NOTE: The replacement Club canoes are made from a lightweight material (generally mix of carbon/Kevlar/fibreglass) which make them easier to paddle, but also easier to DAMAGE.

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Carrying your OC1.

There are a few different ways to take the canoe into and off the water. It will depend on the weight of the canoe and also strength of paddler. If in doubt, ask someone to help.

Scenario 1.

Stand facing towards the stern (back) on the side without the ama.

Grab the back iako with your left hand and put your right hand under the hull right where the seat is.

Lift the boat up, bring the ama over your head and put the seat on your shoulder while your right arm is cradling the hull and your left hand is in the middle of the back iako and you're standing between the iakos.

You can carry your paddle and water in whichever hand is available, this will most often be your right arm but it varies depending on the wind and your mood.



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Scenario 2.

You can also carry your canoe by facing forward between the hull and ama, then getting your right arm cradled beneath the hull and lifting the canoe up to shoulder height without letting it roll onto your shoulder bone.

So the canoe will be cradled in your right arm and the ama either in the air (if the canoe is dry) or at your feet (if wet).



When you get into the water make sure that the rudder is not hitting the ground or close to hitting the ground, otherwise you risk damaging the canoe as soon as you sit in it.